



Blessing Ritual to Release and Declutter

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To The Universe:

Thank you, _____, (self/gifter/donor) for this item/gift you gave me.
I really appreciate that I/you took the time, love and energy to give me this gift.
I received benefits from this in beauty, service, thoughtfulness, practicality.

It is time for me to let go and release this item as I clear my path
and open my life for new opportunities.

Thank you for your service.
I really appreciate how you helped me.
I know in my heart that giving you away does not diminish -- in any way --
my love, appreciation or respect for the person who gave it to me.

I now release you to someone who will need you and cherish you and enjoy your
service in their own way.

May your service continue and may the joy you gave me flow to your new owner.

Keep it in the Heart; not in the Drawer.

Practical questions:

Would I buy this if I did not own it today?
Can someone else benefit from this more than I?
Will someone else's life be improved by owning this?